



11th Annual
Nicole's 5K Run/ Ellie's Walk
Saturday, July 28, 2018

LOCATION: Lord's Point, Kennebunk Beach, ME

STARTING TIME: 9:00 AM **REGISTRATION:** at Lord's Point, starting at 6:45 AM

BENEFIT: All proceeds go to Caring Unlimited Victims support services

ENTRY FEE: \$25 (Register by June 30th to receive a FREE short sleeve shirt!)

CHECKS PAYABLE TO: Caring Unlimited
P.O. Box 590
Sanford, ME 04073

****Participants are encouraged to collect additional sponsors/donations. See pledge form sheet.****

NAME: _____ AGE: _____

TEAM NAME (if applicable): _____

DATE OF BIRTH: _____ EMAIL: _____

Please circle: Male female TELEPHONE: _____

ADDRESS: _____

T-SHIRT SIZE, Please circle
(If registering before June 30th)

CITY/STATE/ZIP: _____

Adult Male S M L XL XXL
Adult Female S M L XL

Awards (all age group awards for top three finishers, male and female, in each category)

Overall Male and Female....1st

11 and Under, 12-18, 19-29, 30- 39, 40-49, 50-59, 60-69

70 +....1st Place Male and Female

*I understand that running a road race is a potentially hazardous activity. I understand that I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to fall, contact with other participants, the effect of weather, traffic and the condition of the road. In consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf wave and release Caring Unlimited, the directors, employees and its agents, race directors and their employees, the Towns of Kennebunk and Kennebunkport, their employees and agents including the Kennebunk Police Department and Rescue Squad, from any and all liability arising out of my participation in the race for any and all personal injuries (or the aggravation of any pre-existing medical conditions) which I may sustain. I allow for personal photographs to be taken and used for purposes of all media including but not limited to pictures taken on race day.

SIGNATURE: Participant and/or Guardian if under 18 _____ **DATE:** _____

